**Order:**

1. On to our third question 到第三个问题

**How often:**

1. sporadically adv. 偶然地
2. every other day 间隔一天
3. every few days 每隔几天
4. constantly adv.不断地
5. throughout the day adv. 一整天允许间断地
6. all day long adv. 一整天不间断地

**Drink:**

1. beverage n. 饮料

**Understand:**

1. Do you know what I mean? 你理解我的话了吗？
2. You got it? 你都懂了吗？
3. Did I make myself clearly? 我说清楚了吗？

**Know**

1. I see. 我知道了
2. I’ve got it.
3. I got you.
4. OK, noted.

**Hobby:**

1. What are you all about? 你平时都喜欢做什么？

**Time:**

1. I’m running out of time. 我没时间啦。

**Common phrase in conversation**

1. How are you doing? = How are you? 你好吗？（you = ya）
2. I reckon = I think ~ I guess 我猜想
3. Do you reckon?
4. It doesn’t matter. 没关系
5. How do you feel about ? 你觉得怎么样？
6. Do you fancy? 你想不想？
7. I fancy studying English tonight. 我今晚想学英语。
8. fine by me. = It’s ok with me. 我可以的。
9. What do you mean?
10. will do.
11. I’ll be in touch. 回头联系你，我会联系你的。
12. Let’s get back into touch. 我们重新联系
13. That’s really cheesy. 太俗套了，烂大街了。
14. I’m really tired of the traffic on the way to work. 我真是受够了上班途中的交通。
15. What brings you here? 什么风把你吹来了？
16. Nice to meet you and I’ve heard so much of you. 很高兴见到你，久仰大名。
17. I was wondering about learning Italian. 我在考虑要不要学意大利语。
18. Long time no see. 好久不见
19. Nice to meet you. (for the first time.)
20. Nice meeting you. （分开的时候说）很高兴认识你。
21. Sorry, I didn’t catch that.
22. Have a good one.
24. Sorry, would you mind repeating yourself? 你能重复一下刚才说的话吗？
25. Let’s just sleep on it. 让我们睡一晚再做决定。
26. You can make a comeback. 你会东山再起的。
27. I’m broke. I have to take out loans. 我破产了，我得去贷款了。
28. I just quit my job. 我辞职了。
29. But I’ll back you up. 我支持你。
30. I just posted some pictures on my moments/microblog and got many comments and likes.
31. Do you think we can get a room on such short noice? 这么仓促能预定到房间吗？
32. Never mind that, I’ll take care of it. 没问题，交给我吧。
33. I come from humble family. 我来自一个普通的家庭
34. I'm gonna have a lunch now
35. actually, in the training "leftover", you've already shared some of the solution knowledge, but I can "re-taste" them

**雪 snow**

1. I’m going to teach you some phrases related to snow 与……相关
2. The snow was completely unexpected. ……很突然。
3. We have to put it off. 把……推迟
4. We have taken advantage of this amazing weather. 享受……，美好的……
5. And later on I’m going to make a snowman. 稍后，堆雪人
6. It has been snowing for over 24 hours now. 这雪已经下了有24小时了
7. Most kids want the snow to last forever. 很多小孩都希望雪能一直下。
8. I hope it doesn’t melt soon. 我希望雪不要那么快化。
9. Let’s go sledding. 让我们去滑雪橇。
10. They both mean the same thing. 他们两个意思是一样的。
11. It wasn’t safe for the school buses to drive on the roads. 校车在下雪的路上行驶是不安全的。
12. A snow day is just when the schools are closed. 雪假就是学校会停课放假。
13. And obviously, kids love snow days. But teachers do too. 毫无疑问地，孩子们都喜欢雪假，老师也不例外。
14. Teachers love snow days just as much as the kids do. 老师和孩子们一样喜欢雪假。
15. It’s going to stop soon. 雪快要停了。
16. Wrap up warm before you go outside. 穿暖和点再出去玩

**常地道的口语表达**

1. I’d like to give it a shot. 是的，我想试试看（音：gi vi da shot）
2. There’s nothing to it. 这其实没什么的。
3. I’m in hot water because I got bad grades at school. 我有麻烦了因为我在学校的成绩不好。
4. My friend is using this as a code. 我的朋友正把它当作一个暗号来使用。
5. I’m trying to read between the lines to understand what he’s actually saying. 我在尝试着体会他的言外之意然后理解他实际上想表达什么。
6. You can say that again. 我赞同你的说法。（音：You kin say tha dagain）
7. I have a few ideas on the back burner. 我有保留一些想法。

**How to think in English**

1. That would actually piss me off. 那件事太让我生气了。（比较粗俗）
2. I was like to do it if I knew how. 我要是知道怎么做还能不去做吗？
3. I wanna be able to think in English the way that I think in Chinese.
4. I don’t want to have to plan what I’m going to say before I say it. 我不想每次开口说话之前都要先在脑子里打草稿。
5. You're going to achieve that by speaking in English regularly with other people, by surrounding yourself with English, by immersing yourself in English
6. It’ll come with time and it comes gradually. 日积月累，滴水穿石

**20 Top Travel Phrases**

1. Do you have any recommendations? 你们有什么推荐的吗？
2. This is great to use when you get to a restaurant where you don’t know anything about the local cuisine 这个特别有用当你到酒店却对当地的菜肴一无所知时。
3. You're just feeling a little bit adventurous. 你想尝尝鲜。
4. You can ask the waitstaff. 你可以问问服务员
5. And the price is not clearly marked. 价格没有标清楚
6. You can point to something and say I’d like this. 你可以指着某样东西说我想要这个。
7. I don’t know you are getting beer. 例如你可能想要一杯酒。
8. If, however, you’re in a situation where you can’t point. 但是，如果你想要的东西指不过来
9. I’d like 20 of the blue T-shirts, please. 我想要20个这样的蓝色T恤衫。
10. Can I try this one? 我可以试一试吗？
11. It’s useful when you’re shopping for clothes.买衣服的时候这句话特别有用
12. You find something that you’d like to try. 你想试试衣服
13. You might get asked this phrase. 你可能会被问到这个问题
14. That’s a little strange. 那就有点儿怪怪的了。
15. Usually the staff will greet you and you can say I have a reservation. 通常服务员会招呼你，你就可以说“我预订位子了”
16. Hello, I have a reservation. It’s at 7 o’clock, the name is (or it’s under, it’s for, it’s in ) Alisha. 你好，我预订了7点的位子，留的名字是Alisha.
17. Depending on which country you’re from, water may or may not automatically be brought to your table when you’re in a restaurant. 不同国家有不同的情况，当你在餐厅就餐时，可能会主动给客人送水，也可能不会。
18. To make it a little more polite 若想让自己的请求听起来更礼貌
19. I would like, wave at the wait staff and say Could I please have some more water? 可以向服务员招手然后说我可以再多要些水吗？
20. Do you take credit cards? 可以刷信用卡吗？
21. In case you’re not sure if the shop that you’re in will accept credit cards or debit cards. 如果你不确定商店是否接受信用卡或借记卡
22. This isn’t what I ordered. 这不是我点的。
23. So if you’re at a restaurant, you order steak and you get lobster instead. 你点了牛排却上来了一份龙虾。
24. Be careful though, saying this politely. 但是要注意，讲的时候要注意礼貌。
25. They’re going to be like, I don’t know, just be a nice customer. 这感觉不太好，做一个友善的顾客吧。
26. Excuse me, but I don’t think this is what I ordered. 打扰一下，我想这菜不是我点的。
27. This isn’t what I ordered. Can you, please, check? 这不是我点的，你可以帮我看一下吗？
28. Could we have the menu, please? 我可以看下菜单吗？
29. If for some reason you don’t receive a menu when you come to the table. 如果你来到餐桌却因某些原因没拿到菜单。
30. Could you give me a discount? 你能给我一些折扣吗？
31. means "I would like a cheaper price.” essentially. 说白了就是说我希望能便宜点
32. Talking to the seller to try to reduce the price. 让卖家降点儿价钱
33. My family didn’t bargain. 我们家从不讨价还价
34. We didn’t haggle so I don’t haggle. 我们家从不讨价还价，所以我也从不砍价。
35. It depends on you and your culture. 这也是取决于自己情况和国家文化。
36. But just, yeah, just be aware of the culture that you’re in and the place that you’re in before you ask this question. 但是在问这个问题之前要注意所在地的文化以及你所在的地方。
37. Do you have any vegetarian dishes? 你们有素食餐吗？
38. Some people have specific eating requirements or eating need 某些人有特定饮食需求或者要求
39. You can replace vegetarian with the specific dietary requirement that you have 把更具体的饮食要求说出来
40. Could you take a picture of me, please? 可以帮我拍个照吗？
41. If you are in a location where you would like to take a picture 当你来到一个景点，你想拍张照片
42. But you don’t wanna do a selfie or you don’t have a selfie stick or whatever 但是又不想自拍或者是没有自拍杆什么的
43. You want someone else to take a picture of you. 你想让别人帮你拍张照片
44. a stranger that you don’t know 比如不认识的路人
45. I’m allergic to pollen. 我对花粉过敏。
46. if you have a food allergic or even an allergic to a medicine. 如果你有食物过敏甚至是药物过敏。
47. This is the phrase you can use to explain that …… 这个短词可以用来解释……
48. Is the Wi-Fi free? WiFi免费吗？
49. Can I use the Wi-Fi, free of charge? 使用这里的WiFi免费吗？
50. Keep in mind some places have a password that you have to ask the staff for 记住在一些地方需要密码，要问工作人员要。
51. If they say yes, you can then follow that up with Can I have the password? 如果他们说是的，你就可以接着问可以告诉我密码吗？
52. I’d like to have a non-smoking seat, please. 我想要个无烟座
53. You have an option between smoking and non-smoking sections. 你可以选择吸烟座或无烟座
54. Quite honestly though. 不过说实在的
55. The most natural response is just to say non-smoking. 最自然的回答是non-smoking.
56. Maybe it’s a map of the subway system for the city that you’re in. 可能你所在的城市的地铁图
57. or maybe it’s map of the area around your hotel. 或者你酒店附近的地图
58. Could I have the check? 可以买单吗？
59. You’re finished at the cafe, you’re finished at the restaurant 当你在咖啡馆喝完咖啡或者在饭店吃完饭
60. and it’s time to leave, it time to pay 准备离开付账的时候
61. Another more common expression, perhaps, is “Excuse me. Check, please.”另一个常用的表达是
62. Where is the bathroom? 厕所在哪里？
63. Very important question 很重要的问题
64. Is this the train for …? 这是去……的列车吗？
65. to confirm with someone that I’m indeed on the correct train line. 来向某些人确认我是否上对了列车

**You got a package**

1. You got a package. 你有一个快递。
2. What did you get? 你买什么了？
3. I got some toys for my daughter. 我给女儿买了一些玩具
4. I didn’t expect to get the package so soon. 我没想到会这么快收到这个快递。
5. packet 小包裹，package n.大包裹
6. packing list 物流单

**Positive Review**

1. positive review 好评
2. moderate review 中评
3. negative review 差评
4. review, comment, criticism的区别

          review - 审核和评价，指网友对某件买过东西的详细评价

          comment - 对某事提出自己的观点

          criticism - 带批评性的评论

1. Where did you get this clothes? 你在哪儿买到这件衣服的
2. It looks fabulous. 它看去棒极了
3. You have a good sense of style. 你很有品味。
4. I just bought it online. 我在网上买的。
5. I’ll give the shop a positive review. 我要给这家店好评

**Free shipping**

1. product promotion 商品促销
2. 50% off, half off 半价
3. you save 10% 为你节省10%
4. best seller最畅销
5. today’s deals 今日特价
6. list price 市场价 price 现价
7. promotional code 优惠码
8. coupon 优惠券
9. gift / e-gift card （电子）礼品卡
10. free shipping 包邮
11. I saved a lot of money buying books on Amazon this semester. Even the shipping was free. 这学期我在亚马逊上买书省了很多钱，甚至还是包邮的。
12. What a bargain! 太划算了。

**Autograph**

1. quite a few 很多+可数名词

          Quite a few of the students were late.

1. quite a little 很多+不可数名词

          Quite a little work is left to do

**Zit / Pimple**

1. What happened to your face? It’s bleeding. 你的脸怎么了？它在流血
2. Nothing. I just popped a pimple. 没什么，我只是把痘痘挤了。
3. hydrating mask 补水面膜

**Slobber**

1. I can’t help slobbering. 我忍不住要流口水。

**Cold**

1. She died with cold. 她冻死了。
2. Some people easily take colds. 有些人很容易感冒。

**Back to work**

1. The best way to start working is by working.
2. Break big tasks into smaller, manageable chunks.
3. Get a head start. 预先准备
4. Set a deadline for everything you work on; don’t let tasks drag on. 给任务设定最后期限，避免无限期 地拖下去。
5. Turn off distractions, focus on a single task without interruption.
6. When you know something is due by a certain date, it gives you a sense of urgency.
7. It’s kind of hard to be back working after a long vocation.
8. No kidding! But now that I’m back, I really need to focus on the work that’s been pilling up.
9. 只有主语是代名词，比如 it / there / that / this 的时候，enough才能做补语，直接出现在后面。 That’s enough, thanks.
10. There isn’t enough time.
11. 如果是计划拜访某人，可以说 plan to visit someone，但如果你已经在门口，而且是和对方约好了，用 see 比较自然
12. I am here to see Mr. Johnson.
13. 餐厅几点关门不能用closed，听上去好像是说关门大吉
14. How late are you open? Until midnight. 您家开到几点？到半夜
15. From somebody’s standpoint, 从……的观点来看
16. It’s just a proposition I don’t want to give you a lot of trouble later.

**New Year’s resolution 新年决心，新年愿望**

1. Lose weight 减肥
2. Get fit / Join a gym 健身/加入健身房
3. take a trip 去旅行
4. find true love 寻找真爱
5. enjoy life 享受生活
6. quit smoking 戒烟
7. Drink less 少喝酒
8. find a new job 找新工作
9. job-hopping 跳槽
10. save money 攒钱
11. Stick with one main resolution and one or two secondary ones. 选择坚持一个主要目标和一到两个次要目标。
12. Write your resolutions down and post them in easy-to-see places. 把你的决心写下来贴在容易看到的地方
13. Find a way to work on your resolutions every day. 想办法每天都花一点儿时间完成你的决心
14. Start just one new habit per month. 每月养成一个新习惯
15. Keep track of your progress on a calendar. 在日历上记录你的进步
16. Have you made any new year’s resolutions, Tina? 你有制定新年决心吗？
17. I’m working on it. But I think I’m going to try to get fit. I’m gonna join a gym. 我正在做呢，我想健身，打算参加健身房呢。

**Let’s go grab a drink 让我们去喝一杯吧**

1. I didn’t even have time to grab a bite. 我连吃口东西的时间都没有。
2. Why don’t you go and grab some sleep? 为什么你不抓紧时间睡会儿呢
3. Hang on while I grab a cup of coffee. 稍等一下，我赶紧弄杯咖啡喝。
4. I just got off work. Do you wanna hang out? 我刚下班，你想去转转不？
5. I really need to blow off some steam. Let’s go grab a drink. 我真的需要放松一下，让我们去喝一杯。

**turn in**

1. Did you turn in the assignment? Yes! Now I’m free ~ 上交
2. So, what are you gonna do? I’m gonna turn in early tonight. I’m tired. 上床睡觉

**Do you understand?**

1. Am I make sense? 我说清楚了吗？（Formal的说法）
2. Does that make sense? 你明白刚才说的事了吗？（Formal的说法）
3. 回答：That makes perfect sense to me.
4. Did you get/catch all that? 你明白了吗？（informal的说法）
5. Are we on the same page? 我们想法一致吗？(informal的说法）

**Taking a picture**

1. Excuse me, could you please take a picture for my daughter and I?
2. Sure, move closer together. OK. say cheese!

**Phone call**

1. I’m sure he didn’t mean to be impolite, but on the phone, only your voice and your words communicate your personality. 他并不想变得没有礼貌。。。了解你的个性。
2. in the phone interview 电话面试
3. At the start of a phone conversation, 在电话交谈开始时
4. Sherry initiated a little small talk. Sherry寒暄了一下。
5. Not away. 并非总是这样。
6. Do you want me to call back at a later time? 你愿意我晚点再打来吗？
7. So what can I help you with? 那有什么我可以帮助你的吗？
8. I would like some information about your products, please. 不要用I want，换成I would like
9. intonations 语调 has intonation that goes down/up 降调，升调
10. To make it easy 简单来说
11. your intonation goes up on the world before please
12. at the minimum, say “sorry, what?"
13. Sorry, say that again please?
14. Sorry, I didn’t catch the part about ...